



Rock and Roll Handout A40

Other safe items I could use for this activity:

- _____
- _____
- _____

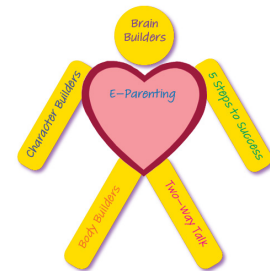


Which Daily Do I want to focus on practicing:

- _____

When will we do this activity:

- _____
- _____



Who else can do this activity with my infant:

- _____

How to do this activity:

1. Use **Ready for Play and Learning** to see if your baby is ready to play and learn. Remember to use **5 Steps to Success** as you help your infant explore their natural curiosity during the activity.
2. Put your baby on the floor and place them on their tummy. If you're able, position yourself on the floor in front of your infant.
3. Put a toy or safe household object just out of your baby's reach. Describe the item to them. Remember to point out your infant's efforts as they try to reach for and grasp the object or move closer to it.
4. If your baby is practicing rolling from their tummy to their side or from their belly to their back, you can place an item just out of their reach on one side of them and position yourself by this object.
5. Remember, your infant may do this activity lots of times before mastering these skills.